Bright Beginnings
grow • learn • develop

Triple P
Positive Parenting Program

TRIPLE P POSITIVE PARENTING PROGRAM

presents a ***discussion series*** at
Cuyahoga County Public Library's

South Euclid-Lyndhurst Branch

Topic: Hassle-Free Mealtimes

on **Tuesday, March 23, 2027** from **11:00am-12:00pm**





This discussion topic explores things that influence children's mealtime behavior, setting limits and teaching children good mealtime habits. Parents will look at ways to increase food variety, be introduced to some positive parenting strategies to help manage mealtimes and develop a personal plan for their family's mealtimes. *For parents/caregivers of preschoolers.*

Scan the QR code to reserve your spot or head to **tinyurl.com/marchmealtimes**

1876 S Green Rd, South Euclid, OH 44121 | Meeting Room B+C (75)