

2023-2024 ANNUAL CAFETERIA REPORT

Martins Ferry City Schools provides nutritional meals to all students of the district. Each menu is prepared by using the nutritional values of each food and beverage. All items sold throughout the district meet strict guidelines pertaining to each age group of students in our schools. We have been certified and meet all requirements to receive additional money per meal served through our monthly claims.

The State Department started a pilot program this school year which allowed us to complete a direct certification including Medicaid Free and Medicaid Reduced families. Through this process we were able to include several more students and certify them as free or reduced price meals. This was very helpful especially if a family did not return a free/reduced lunch application.

Our lunch program will have a positive balance ending this year. Because of this we will be able to keep our lunch prices the same for the 2024-2025 school year. Elementary meals \$3.25, Middle School/High School meals \$3.50, Reduced meals campus wide will be .40 cents and Adult meals will be \$4.75.

Lunch applications will be mailed to all households in the district again this summer. It is extremely important that they are filled out and returned for both the student's and the district's benefit. Unfortunately, it is very difficult to receive back a lunch application from all households. This will create less funds through claims and student accounts will have unpaid meals charged to their lunch accounts.

We purchased a new pass through refrigerator this year in the elementary and will be purchasing two new upright display coolers in the high school/middle school kitchen over the summer.

The cafeteria staff is looking forward to a great 2024-2025 year starting in August. We anticipate several new items to offer the students and will create a pleasant environment for them to enjoy their meals!

Attached are cafeteria financials and menus from the 2023-2024 school year.

- 2023 -

AUGUST

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

2

3

4

Welcome Back!!

MONDAY

7

8

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10

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18

RIDER K-12 MENU

R. Yoder, FSS 740-633-1732

**BREAKFAST
IS FREE!!**

LUNCH PRICES

Elementary \$3.25

MS/HS \$3.50

Reduced Price \$.40

Adult Meals \$4.75

Students must choose at least 3 of 4 items offered at breakfast and 3 of 5 items offered at lunch.

One item must be a

½ cup of fruit or vegetable.

Jammers available daily!

NO CHARGING

Snacks or Ala carte items.

Students must have money on their account to purchase other items.

MY SCHOOL BOOKS

PAY FOR MEALS ONLINE

MySchoolBucks.com

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Please fill out and return your Free/Reduced Price Lunch Application.
Everyone must apply every school year.

NO CASH ACCEPTED AT LUNCH TIME.

Deposit money online at

MySchoolBucks.com or at Breakfast Only

Teacher
In-Service Day

Teacher
In-Service Day

21 Pop Tart
Craisins - Applesauce
White or Chocolate Milk

Hamburger on WG Bun
Broccoli & Cheese - Pickles
Fresh Fruit
White or Chocolate Milk

28 Banana Chocolate Bar
Applesauce - Fruit Juice
White or Chocolate Milk

BBQ Pulled Pork on WG Bun
Potato Wedges
Fresh Fruit
White or Chocolate Milk

22 C. Chip French Toast
Fruit Cup - Fruit Juice
White or Chocolate Milk

Ch. Nuggets - Mexican Rice
Carrots - Peas
Fresh Fruit
White or Chocolate Milk

29 Grape Crescent Roll
Raisins - Fruit Juice
White or Chocolate Milk

Spaghetti with Meat Sauce
WW Bread - Green Beans
Fresh Fruit
White or Chocolate Milk

23 Blueberry Waffles
Raisins - Fruit Juice
White or Chocolate Milk

WW Grilled Cheese
Chili - Pickles - Crackers
Fresh Fruit
White or Chocolate Milk

30 Cinnamon Texas Toast
Applesauce - Fruit Juice
White or Chocolate Milk

Chicken & Rotini - WG Roll
Carrots - Peas
Fresh Fruit
White or Chocolate Milk

24 Cinnamon Pancake
Applesauce - Fruit Juice
White or Chocolate Milk

Gr. Chicken Br. - WW Bread
Potato Wedges
Fresh Fruit
White or Chocolate Milk

31 Sausage Pancake Wrap
Craisins - Applesauce
White or Chocolate Milk

DeFelic Pizza
Spinach Salad - Corn
Fresh Fruit
White or Chocolate Milk

25 Donut Holes
Fruit Juice - Fruit Cup
White or Chocolate Milk

Pizza Rippers
Celery - Carrots - Ranch
Fresh Fruit
White or Chocolate Milk



This institution is an equal opportunity provider. Menu is subject to change. A variety of milk is offered each day.

- 2023 -

SEPTEMBER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

RIDER K-12 MENU

R. Yoder, FSS 740-633-1732

Breakfast is FREE!

LUNCH PRICES

Elementary \$3.25
MS/HS \$3.50

Reduced Price \$4.40
Adult Meals \$4.75

**Please fill out a
Free/Reduce Lunch App
Today**

Students must choose at least 3 of 4
Items offered at breakfast and 3 of 5
Items offered at lunch.

One item must be a
½ cup of fruit or vegetable.

Jammers available daily!

NO CHARGING

Snacks or Ala carte items.

Students must have money on their
account to purchase other items.

PAY FOR MEALS ONLINE
MySchoolBucks.com



4

Pop Tart
Craisins - Applesauce
White or Chocolate Milk

Hamburger on WG Bun
Broccoli & Cheese - Pickles
Fresh Fruit
White or Chocolate Milk

Banana Chocolate Bar
Applesauce - Fruit Juice
White or Chocolate Milk

BBQ Pulled Pork on WG Bun
Potato Wedges
Fresh Fruit
White or Chocolate Milk

Cereal Bar
Fruit Juice - Raisins
White or Chocolate Milk

Mac-n-Cheese - WG Roll
Corn - Broccoli
Fresh Fruit
White or Chocolate Milk

Cherry Frudel
Fruit Juice - Applesauce
White or Chocolate Milk

Sloppy Joe on WG Bun
Baked Beans - Pickles
Fresh Fruit
White or Chocolate Milk

C. Chip French Toast
Fruit Cup - Fruit Juice
White or Chocolate Milk

Ch. Drumstick - WG Rice
Carrots - Peas
Fresh Fruit
White or Chocolate Milk

Cinnamon Texas Toast
Applesauce - Fruit Juice
White or Chocolate Milk

Nachos - Meat & Cheese
Black Beans - Salsa
Fresh Fruit
White or Chocolate Milk

Spaghetti with Meat Sauce
WG Bread - Green Beans
Fresh Fruit
White or Chocolate Milk

Apple Frudel
Fruit Juice - Applesauce
White or Chocolate Milk

Sloppy Joe on WG Bun
Baked Beans - Pickles
Fresh Fruit
White or Chocolate Milk

Confetti Pancakes
Fruit Cup - Fruit Juice
White or Chocolate Milk

Cheese Quesadilla
Tossed Salad - Salsa
Fresh Fruit
White or Chocolate Milk

Blueberry Waffles
Raisins - Fruit Juice
White or Chocolate Milk

WW Grilled Cheese
Chili - Pickles - Crackers
Fresh Fruit
White or Chocolate Milk

Cinnamon Pancake
Applesauce - Fruit Juice
White or Chocolate Milk

Gr. Chicken Br. - WW Bread
Potato Wedges
Fresh Fruit
White or Chocolate Milk

Sausage Pancake Wrap
Craisins - Applesauce
White or Chocolate Milk

Chicken & Rotini - WG Roll
Carrots - Peas
Fresh Fruit
White or Chocolate Milk

Tony's WG Pizza
Spinach Salad - Corn
Fresh Fruit
White or Chocolate Milk

Super Donut
Fresh Fruit - Fruit Juice
White or Chocolate Milk

Glazed Donut
Applesauce - Fruit Juice
White or Chocolate Milk

Pizza Hut Roller
Carrots - Green Beans
Fresh Fruit
White or Chocolate Milk

Donut Holes
Fruit Juice - Fruit Cup
White or Chocolate Milk

Pizza Rippers
Celery - Carrots - Ranch
Fresh Fruit
White or Chocolate Milk

Super Donut
Fresh Fruit - Fruit Juice
White or Chocolate Milk

Glazed Donut
Applesauce - Fruit Juice
White or Chocolate Milk

Defelice Pizza
Carrots - Green Beans
Fresh Fruit
White or Chocolate Milk

- 2023 -

OCTOBER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

RIDER K-12 MENU

R. Yoder, FSS 740-633-1732

Breakfast is FREE!

LUNCH PRICES

Elementary \$3.25

MS/HS \$3.50

Reduced Price \$.40

Adult Meals \$4.75

Students must choose at least 3 of 4 items offered at breakfast and 3 of 5 items offered at lunch.

One item must be a

½ cup of fruit or vegetable.

Jammers available daily!

Wash your hands.

Hand washing is the number one rule to cut down on colds and illnesses.

Please fill out a

Free/Reduce Lunch App Today

MY
SCHOOL
BUCKS

PAY FOR MEALS ONLINE
MySchoolBucks.com

NO CHARGING

Snacks or Ala carte items.

Students must have money on their account to purchase other items.

2022 Simply Good Food, LLC

2 Pop Tart
Craisins - Applesauce
White or Chocolate Milk

Hamburger on WG Bun
Broccoli & Cheese - Pickles
Fresh Fruit
White or Chocolate Milk

9 Banana Chocolate Bar
Applesauce - Fruit Juice
White or Chocolate Milk

BBQ Pulled Pork on WG Bun
Potato Wedges
Fresh Fruit
White or Chocolate Milk

16 Cereal Bar
Fruit Juice - Raisins
White or Chocolate Milk

Sloppy Joe on WG Bun
Baked Beans - Pickles
Fresh Fruit
White or Chocolate Milk

23 Pop Tart
Craisins - Applesauce
White or Chocolate Milk

Hamburger on WG Bun
Broccoli & Cheese - Pickles
Fresh Fruit
White or Chocolate Milk

30 Banana Chocolate Bar
Applesauce - Fruit Juice
White or Chocolate Milk

BBQ Pulled Pork on WG Bun
Potato Wedges
Fresh Fruit
White or Chocolate Milk

3 C. Chip French Toast
Fruit Cup - Fruit Juice
White or Chocolate Milk

Chicken Nuggets - Mex. Rice
Carrots - Peas
Fresh Fruit
White or Chocolate Milk

10 Chocolate Crescent Roll
Raisins - Fruit Juice
White or Chocolate Milk

Spaghetti with Meat Sauce
WW Bread - Green Beans
Fresh Fruit
White or Chocolate Milk

17 Cherry Frudel
Fruit Juice - Applesauce
White or Chocolate Milk

Mac-n-Cheese - WG Roll
Corn - Broccoli
Fresh Fruit
White or Chocolate Milk

24 C. Chip French Toast
Fruit Cup - Fruit Juice
White or Chocolate Milk

Ch. Drumstick - Mex. Rice
Carrots - Peas
Fresh Fruit
White or Chocolate Milk

31 Grape Crescent Roll
Raisins - Fruit Juice
White or Chocolate Milk

DeFelice Pizza
Spinach Salad - Corn
Fresh Fruit
White or Chocolate Milk

4 Blueberry Waffles
Raisins - Fruit Juice
White or Chocolate Milk

WW Grilled Cheese
Chili - Pickles - Crackers
Fresh Fruit
White or Chocolate Milk

11 Cinnamon Texas Toast
Applesauce - Fruit Juice
White or Chocolate Milk

Chicken & Rotini - WG Roll
Carrots - Peas
Fresh Fruit
White or Chocolate Milk

18 Confetti Pancakes
Fruit Cup - Fruit Juice
White or Chocolate Milk

Grilled Chicken on WG Bun
Sweet Potato Fries - Pickles
Fresh Fruit
White or Chocolate Milk

25 Blueberry Waffles
Raisins - Fruit Juice
White or Chocolate Milk

Gr. Chicken Br. - WW Bread
Potato Wedges
Fresh Fruit
White or Chocolate Milk

26 Cinnamon Pancake
Applesauce - Fruit Juice
White or Chocolate Milk

WW Grilled Cheese
Chili - Pickles - Crackers
Fresh Fruit
White or Chocolate Milk

5 Cinnamon Pancake
Applesauce - Fruit Juice
White or Chocolate Milk

Gr. Chicken Br. - WW Bread
Potato Wedges
Fresh Fruit
White or Chocolate Milk

12 Sausage Pancake Wrap
Craisins - Applesauce
White or Chocolate Milk

Nachos - Meat & Cheese
Black Beans - Salsa
Fresh Fruit
White or Chocolate Milk

19 Cinnamon Toast Crunch
Craisins - Fruit Juice
White or Chocolate Milk

Cheese Quesadilla
Tossed Salad - Salsa
Fresh Fruit
White or Chocolate Milk

26 Cinnamon Pancake
Applesauce - Fruit Juice
White or Chocolate Milk

WW Grilled Cheese
Chili - Pickles - Crackers
Fresh Fruit
White or Chocolate Milk

27 Donut Holes
Fruit Juice - Fruit Cup
White or Chocolate Milk

Pizza Rippers
Celery - Carrots - Ranch
Fresh Fruit
White or Chocolate Milk

6 Donut Holes
Fruit Juice - Fruit Cup
White or Chocolate Milk

Pizza Rippers
Celery - Carrots - Ranch
Fresh Fruit
White or Chocolate Milk

13 Super Donut
Fresh Fruit - Fruit Juice
White or Chocolate Milk

DeFelice Pizza
Spinach Salad - Corn
Fresh Fruit
White or Chocolate Milk

20 Glazed Donut
Applesauce - Fruit Juice
White or Chocolate Milk

Pizza Hut Rollers
Carrots - Green Beans
Fresh Fruit
White or Chocolate Milk

27 Donut Holes
Fruit Juice - Fruit Cup
White or Chocolate Milk

Pizza Rippers
Celery - Carrots - Ranch
Fresh Fruit
White or Chocolate Milk

This institution is an equal opportunity provider. Menu is subject to change. A variety of milk is offered each day.

- 2023 -

NOVEMBER

MONDAY

RIDER K-12 MENU

R. YODER, FSS - 740-633-1732 ext. 0

Breakfast is FREE!

LUNCH PRICES

Elementary \$3.25

MS/HS \$3.50

Reduced Price \$.40

Adult Meals \$4.75

SIGN UP FOR RIDER WATCH

ON OUR SCHOOL WEBSITE

Students must choose at least 3 of 4 items offered at breakfast and 3 of 5 items offered at lunch.

One item must be a

¾ cup of fruit or vegetable.

Jammers available daily!

NO CHARGING

Snacks or Ala carte items.

Students must have money on their account to purchase other items.

**MY SCHOOL
BUCKS**

PAY FOR MEALS ONLINE

MySchoolBucks.com

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TUESDAY

6 Cereal Bar - Ch. Stick
Fruit Juice - Raisins
White or Chocolate Milk

Mac-n-Cheese - WG Roll
Corn - Broccoli
Fresh Fruit
White or Chocolate Milk

13 Pop Tart
Craisins - Applesauce
White or Chocolate Milk

Hamburger on WG Bun
Broccoli & Cheese - Pickles
Fresh Fruit
White or Chocolate Milk

20 Banana Chocolate Bar
Applesauce - Fruit Juice
White or Chocolate Milk

Chicken Nachos - Cheese
Black Beans - Salsa
Fresh Fruit
White or Chocolate Milk

27 Cereal Bar - Ch. Stick
Fruit Juice - Raisins
White or Chocolate Milk

Grilled Chicken on WG Bun
Baked Beans - Pickles
Fresh Fruit
White or Chocolate Milk

7 **ELECTION DAY**
No students



14 C. Chip French Toast
Fruit Cup - Fruit Juice
White or Chocolate Milk

Ch. Drumstick - Mex. Rice
Carrots - Peas
Fresh Fruit
White or Chocolate Milk

21 Chocolate Crescent Roll
Raisins - Fruit Juice
White or Chocolate Milk

Spaghetti with Meat Sauce
WW Bread - Green Beans
Fresh Fruit
White or Chocolate Milk

28 Apple Frudel
Fruit Juice - Applesauce
White or Chocolate Milk

Mac-n-Cheese - WG Roll
Corn - Broccoli
Fresh Fruit
White or Chocolate Milk

WEDNESDAY

1 Cinnamon Texas Toast
Applesauce - Fruit Juice
White or Chocolate Milk

Chicken & Rotini - WG Roll
Carrots - Peas
Fresh Fruit
White or Chocolate Milk

8 Cherry Frudel
Fruit Juice - Applesauce
White or Chocolate Milk

Grilled Chicken on WG Bun
Baked Beans - Pickles
Fresh Fruit
White or Chocolate Milk

15 Blueberry Waffles
Raisins - Fruit Juice
White or Chocolate Milk

WW Grilled Cheese
Chili - Pickles - Crackers
Fresh Fruit
White or Chocolate Milk

22 **Thanksgiving
Break**

29 Confetti Pancakes
Fruit Cup - Fruit Juice
White or Chocolate Milk

Cheese Quesadilla
Tossed Salad - Salsa
Fresh Fruit
White or Chocolate Milk

THURSDAY

2 Sausage Pancake Wrap
Craisins - Applesauce
White or Chocolate Milk

Nachos - Meat & Cheese
Black Beans - Salsa
Fresh Fruit
White or Chocolate Milk

9 Confetti Pancakes
Fruit Cup - Fruit Juice
White or Chocolate Milk

Cheese Quesadilla
Tossed Salad - Salsa
Fresh Fruit
White or Chocolate Milk

16 Cinnamon Pancake
Applesauce - Fruit Juice
White or Chocolate Milk

Turkey & Gravy - WG Roll
Mashed Potatoes
Fresh Fruit
White or Chocolate Milk

23  **Happy
Thanksgiving**

30 Cinnamon Toast Crunch
Craisins - Fruit Juice
White or Chocolate Milk

DeFelice Pizza
Carrots - Green Beans
Fresh Fruit
White or Chocolate Milk

FRIDAY

3 Super Donut
Fresh Fruit - Fruit Juice
White or Chocolate Milk

WG Tony's Pizza
Spinach Salad - Corn
Fresh Fruit
White or Chocolate Milk

10 Glazed Donut
Applesauce - Fruit Juice
White or Chocolate Milk

Pizza Hut Rollers
Carrots - Green Beans
Fresh Fruit
White or Chocolate Milk

17 Donut Holes
Fruit Juice - Fruit Cup
White or Chocolate Milk

Pizza Rippers
Celery - Carrots - Ranch
Fresh Fruit
White or Chocolate Milk

24 **Thanksgiving
Break**

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- 2023 -

DECEMBER

FRIDAY

1 Glazed Donut
Applesauce - Fruit Juice
White or Chocolate Milk

Cheesburger on WG Bun
Sweet Potato Fries - Pickles
Fresh Fruit
White or Chocolate Milk

THURSDAY

8 Donut Holes
Fruit Juice - Fruit Cup
White or Chocolate Milk

Pizza Hut Rollers
Celery - Carrots - Ranch
Fresh Fruit
White or Chocolate Milk

WEDNESDAY

7 Cinnamon Pancake
Applesauce - Fruit Juice
White or Chocolate Milk

Hamburger on WG Bun
Broccoli & Cheese - Pickles
Fresh Fruit
White or Chocolate Milk

6 Blueberry Waffles
Raisins - Fruit Juice
White or Chocolate Milk

WW Grilled Cheese
Chili - Pickles - Crackers
Fresh Fruit
White or Chocolate Milk

TUESDAY

5 C. Chip French Toast
Fruit Cup - Fruit Juice
White or Chocolate Milk

Ch. Drumstick - Mex. Rice
Carrots - Peas
Fresh Fruit
White or Chocolate Milk

4 Pop Tart - Ch. Stick
Craisins - Applesauce
White or Chocolate Milk

Grilled Chicken - WW Bread
Potato Wedges
Fresh Fruit
White or Chocolate Milk

15 Super Donut - Ch. Stick
Fresh Fruit - Fruit Juice
White or Chocolate Milk

DeFolice Pizza
Broccoli - Corn
Fresh Fruit
White or Chocolate Milk

14 Sausage Pancake Wrap
Craisins - Applesauce
White or Chocolate Milk

Nachos - Meat & Cheese
Black Beans - Salsa
Fresh Fruit
White or Chocolate Milk

13 Cinnamon Texas Toast
Applesauce - Fruit Juice
White or Chocolate Milk

Chicken & Rotini - WG Roll
Carrots - Peas
Fresh Fruit
White or Chocolate Milk

12 Grape Crescent Roll
Raisins - Fruit Juice
White or Chocolate Milk

Spaghetti with Meat Sauce
WW Bread - Green Beans
Fresh Fruit
White or Chocolate Milk

11 Banana Chocolate Bar
Applesauce - Fruit Juice
White or Chocolate Milk

BBQ Pulled Pork - WG Bun
Baked Beans
Fresh Fruit
White or Chocolate Milk

22

21

20

19

18

29

28

27

26

25



RIDER K-12 MENU

R. Yoder, FSS - 740-633-1732 ext. 0

Breakfast is FREE!

LUNCH PRICES

Elementary \$3.25

MS/HS \$3.50

Reduced Price \$4.00

Adult Meals \$4.75

**SIGN UP FOR
RIDER WATCH**

ON OUR SCHOOL WEBSITE

Students must choose at least 3 of 4
Items offered at breakfast and 3 of 5

Items offered at lunch.

One item must be a

½ cup of fruit or vegetable.

Jammers available daily!

NO CHARGING

Snacks or Ala carte items.

Students must have money on their
account to purchase other items.

**MY SCHOOL
BUCKS** PAY FOR MEALS ONLINE
MySchoolBucks.com

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JANUARY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

RIDER K-12 MENU

R. YODER, FSS - 740-633-1732 EXT. 0

Breakfast is FREE!

LUNCH PRICES

Elementary \$3.25

MS/HS \$3.50

Reduced Price \$.40

Adult Meals \$4.75

SIGN UP FOR

RIDER WATCH

ON OUR SCHOOL WEBSITE

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One item must be a

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PAY FOR MEALS ONLINE
MySchoolBucks.com

Try to establish a routine to help your student wind down for a good night's sleep and recharge for the next day.



1 Pop Tart
Craisins - Applesauce
White or Chocolate Milk

2 WW Grilled Cheese
Chili - Pickles - Crackers
Fresh Fruit
White or Chocolate Milk

3 Cinnamon Texas Toast
Juice - Applesauce
White or Chocolate Milk

4 Cinnamon Pancake
Juice - Applesauce
White or Chocolate Milk

5 Donut Holes
Fruit Cup - Juice
White or Chocolate Milk

6 Cinnamon Pancake
Juice - Applesauce
White or Chocolate Milk

7 Hamburger on WG Bun
Broccoli & Cheese - Pickles
Fresh Fruit
White or Chocolate Milk

8 Cinnamon Texas Toast
Juice - Applesauce
White or Chocolate Milk

9 Chicken & Rotini - WG Roll
Carrots - Peas
Fresh Fruit
White or Chocolate Milk

10 Cinnamon Pancake
Juice - Applesauce
White or Chocolate Milk

11 Pancake Wrap
Craisins - Applesauce
White or Chocolate Milk

12 Super Donut
Fresh Fruit - Juice
White or Chocolate Milk

13 Pizza Rippers
Spinach Salad - Corn
Fresh Fruit
White or Chocolate Milk

14 Cinnamon Pancake
Juice - Applesauce
White or Chocolate Milk

15 Cinnamon Pancake
Juice - Applesauce
White or Chocolate Milk

16 Cinnamon Pancake
Juice - Applesauce
White or Chocolate Milk

17 Cinnamon Pancake
Juice - Applesauce
White or Chocolate Milk

18 Cinnamon Pancake
Juice - Applesauce
White or Chocolate Milk

19 Cinnamon Pancake
Juice - Applesauce
White or Chocolate Milk

20 Cinnamon Pancake
Juice - Applesauce
White or Chocolate Milk

21 Cinnamon Pancake
Juice - Applesauce
White or Chocolate Milk

22 Cinnamon Pancake
Juice - Applesauce
White or Chocolate Milk

23 Cinnamon Pancake
Juice - Applesauce
White or Chocolate Milk

24 Cinnamon Pancake
Juice - Applesauce
White or Chocolate Milk

25 Cinnamon Pancake
Juice - Applesauce
White or Chocolate Milk

26 Cinnamon Pancake
Juice - Applesauce
White or Chocolate Milk

27 Cinnamon Pancake
Juice - Applesauce
White or Chocolate Milk

28 Cinnamon Pancake
Juice - Applesauce
White or Chocolate Milk

29 Cinnamon Pancake
Juice - Applesauce
White or Chocolate Milk

30 Cinnamon Pancake
Juice - Applesauce
White or Chocolate Milk

31 Cinnamon Pancake
Juice - Applesauce
White or Chocolate Milk

32 Cinnamon Pancake
Juice - Applesauce
White or Chocolate Milk

33 Cinnamon Pancake
Juice - Applesauce
White or Chocolate Milk

34 Cinnamon Pancake
Juice - Applesauce
White or Chocolate Milk



- 2024 -

FEBRUARY

FRIDAY

THURSDAY

WEDNESDAY

TUESDAY

MONDAY

RIDERS K-12 MENU

R. YODER, FSS - 740-633-1732 ext. 0

MY
SCHOOL
BUCKS

PAY FOR MEALS ONLINE
MyschoolBucks.com

NO CHARGING

Snacks or Ala carte items.
Students must have money on their
account to purchase other items.

Breakfast is FREE!

LUNCH PRICES

Elementary \$3.25

MS/HS \$3.50

Reduced Price \$.40

Adult Meals \$4.75

**SIGN UP FOR
RIDER WATCH**

ON OUR SCHOOL WEBSITE

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Items offered at breakfast and 3 of 5
Items offered at lunch.

One item must be a

½ cup of fruit or vegetable.

Jammers available daily!

© 2023 Simply Good Food, LLC

1

Pancake Wrap
Craisins - Applesauce
White or Chocolate Milk

Nachos with Meat & Cheese
Black Beans - Salsa
Fresh Fruit
White or Chocolate Milk

2

Super Donut
Fresh Fruit - Fruit Juice
White or Chocolate Milk

Pizza Rippers
Peas - Carrots
Fresh Fruit
White or Chocolate Milk

8

Cinnamon Toast Crunch
Craisins - Fruit Juice
White or Chocolate Milk

Cheese Quesadilla
Tossed Salad - Salsa
Fresh Fruit
White or Chocolate Milk

9

Glazed Donut
Fruit Juice - Applesauce
White or Chocolate Milk

WG Tony's Pizza
Carrots - Green Beans
Fresh Fruit
White or Chocolate Milk

15

Cinnamon Pancake
Fruit Juice - Applesauce
White or Chocolate Milk

Grilled Chicken - WW Bread
Green Beans - Carrots
Fresh Fruit
White or Chocolate Milk

16

Donut Holes
Fruit Cup - Fruit Juice
White or Chocolate Milk

Fish Sandwich - Tartar
Potato Wedges
Fresh Fruit
White or Chocolate Milk

22

Pancake Wrap
Craisins - Applesauce
White or Chocolate Milk

Chicken & Rotini - WG Roll
Carrots - Peas
Fresh Fruit
White or Chocolate Milk

23

Super Donut
Fresh Fruit - Fruit Juice
White or Chocolate Milk

WG Tony's Cheese Pizza
Spinach Salad - Corn
Fresh Fruit
White or Chocolate Milk

29

Cinnamon Toast Crunch
Craisins - Fruit Juice
White or Chocolate Milk

DeFelic Pizza
Carrots - Green Beans
Fresh Fruit
White or Chocolate Milk

7

Confetti Pancakes
Fruit Cup - Fruit Juice
White or Chocolate Milk

Grilled Chicken on WG Bun
Sweet Potato Fries - Pickles
Fresh Fruit
White or Chocolate Milk

14

Blueberry Waffles
Raisins - Fruit Juice
White or Chocolate Milk

WW Grilled Cheese
Baked Beans - Pickles
Fresh Fruit
White or Chocolate Milk

21

Cinnamon Texas Toast
Fruit Juice - Applesauce
White or Chocolate Milk

Chicken Nachos & Cheese
Black Beans - Salsa
Fresh Fruit
White or Chocolate Milk

28

Confetti Pancakes
Fruit Cup - Fruit Juice
White or Chocolate Milk

Grilled Chicken on WG Bun
Sweet Potato Fries - Pickles
Fresh Fruit
White or Chocolate Milk

6

Breakfast Sandwich
Fruit Juice - Applesauce
White or Chocolate Milk

Mac-n-Cheese - WG Roll
Corn - Broccoli
Fresh Fruit
White or Chocolate Milk

13

CC French Toast
Fruit Cup - Fruit Juice
White or Chocolate Milk

Chicken Nuggets - Mex. Rice
Carrots - Peas
Fresh Fruit
White or Chocolate Milk

20

Banana Chocolate Bar
Applesauce - Fruit Juice
White or Chocolate Milk

Spaghetti with Meat Sauce
WW Bread - Green Beans
Fresh Fruit
White or Chocolate Milk

27

Cherry Frudel
Fruit Juice - Applesauce
White or Chocolate Milk

Mac-n-Cheese - WG Roll
Corn - Broccoli
Fresh Fruit
White or Chocolate Milk

5

Cereal Bar
Raisins - Fruit Juice
White or Chocolate Milk

Cheeseburger on WG Bun
Baked Beans - Pickles
Fresh Fruit
White or Chocolate Milk

12

Pop Tart
Craisins - Applesauce
White or Chocolate Milk

Hamburger on WG Bun
Broccoli & Cheese - Pickles
Fresh Fruit
White or Chocolate Milk

19

Cereal Bar
Raisins - Fruit Juice
White or Chocolate Milk

Cheeseburger on WG Bun
Baked Beans - Pickles
Fresh Fruit
White or Chocolate Milk

This institution is an equal opportunity provider. Menu is subject to change. A variety of milk is offered each day.

- 2024 -

MARCH

FRIDAY

1 Glazed Donut
Applesauce - Fruit Juice
White or Chocolate Milk

Cheese Quesadilla
Tossed Salad - Salsa
Fresh Fruit
White or Chocolate Milk

THURSDAY

8 Donut Holes
Fruit Cup - Fruit Juice
White or Chocolate Milk

Fish on WG Bun - Tartar
Potato Wedges - Pickles
Fresh Fruit
White or Chocolate Milk

15 Super Donut
Fresh Fruit - Fruit Juice
White or Chocolate Milk

DeFelice Cheese Pizza
Spinach Salad - Corn
Fresh Fruit
White or Chocolate Milk

22 Glazed Donut
Fruit Juice - Applesauce
White or Chocolate Milk

Fish on WG Bun - Tartar
Sweet Potato Fries - Pickles
Fresh Fruit
White or Chocolate Milk

WEDNESDAY

7 Cinnamon Pancake
Fruit Juice - Applesauce
White or Chocolate Milk

Pizza Hut Rollers
Celery - Carrots - Ranch
Fresh Fruit
White or Chocolate Milk

14 Pancake Wrap
Craisins - Applesauce
White or Chocolate Milk

Nachos - Meat & Cheese
Black Beans - Salsa
Fresh Fruit
White or Chocolate Milk

21 Cinnamon Toast Crunch
Fruit Juice - Craisins
White or Chocolate Milk

Pizza Rippers
Tossed Salad - Green Beans
Fresh Fruit
White or Chocolate Milk

TUESDAY

6 Blueberry Waffles
Raisins - Fruit Juice
White or Chocolate Milk

WW Grilled Cheese
Chili - Pickles - Crackers
Fresh Fruit
White or Chocolate Milk

13 Cinnamon Texas Toast
Fruit Juice - Applesauce
White or Chocolate Milk

Chicken & Rotini - WG Roll
Carrots - Peas
Fresh Fruit
White or Chocolate Milk

20 Confetti Pancakes
Fruit Cup - Fruit Juice
White or Chocolate Milk

Grilled Chicken on WG Bun
Carrots - Pickles
Fresh Fruit
White or Chocolate Milk

MONDAY

5 Chicken and Biscuit
Fruit Cup - Fruit Juice
White or Chocolate Milk

Chicken Drumstick - M. Rice
Carrots - Peas
Fresh Fruit
White or Chocolate Milk

12 Grape Crescent
Raisins - Fruit Juice
White or Chocolate Milk

Spaghetti with Meat Sauce
WW Bread - Green Beans
Fresh Fruit
White or Chocolate Milk

19 
ELECTION DAY
Staff In-Service

CC French Toast
Fruit Cup - Fruit Juice
White or Chocolate Milk

4 Pop Tart - Cheese Stick
Craisins - Applesauce
White or Chocolate Milk

Pulled Pork on WG Bun
Broccoli & Cheese - Pickles
Fresh Fruit
White or Chocolate Milk

11 Banana Chocolate Bar
Fruit Juice - Applesauce
White or Chocolate Milk

Sloppy Joe on WG Bun
Potato Wedges
Fresh Fruit
White or Chocolate Milk

18 Cereal Bar - Ch. Stick
Raisins - Fruit Juice
White or Chocolate Milk

Cheeseburger on WG Bun
Baked Beans - Pickles
Fresh Fruit
White or Chocolate Milk

25 Pop Tart - Cheese Stick
Craisins - Applesauce
White or Chocolate Milk

Hamburger on WG Bun
Broccoli & Cheese - Pickles
Fresh Fruit
White or Chocolate Milk

26 CC French Toast
Fruit Cup - Fruit Juice
White or Chocolate Milk

WW Grilled Cheese
Chili - Pickles - Crackers
Fresh Fruit
White or Chocolate Milk

28

29

HAPPY EASTER

RIDER K-12 MENU

R. Yoder, FSS - 740-633-1732 ext. 0

Breakfast is FREE!

LUNCH PRICES

Elementary \$3.25

MS/HS \$3.50

Reduced Price \$.40

Adult Meals \$4.75

Lunch Applications are available in the school office. Apply Today!

Students must choose at least 3 of 4 items offered at breakfast and 3 of 5 items offered at lunch.

One item must be a

½ cup of fruit or vegetable.

Jammers available daily!

NO CHARGING

Snacks or Ala carte items.

Students must have money on their account to purchase other items.

MY SCHOOL BUCKS
PAY FOR MEALS ONLINE
MySchoolBucks.com

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This institution is an equal opportunity provider. Menu is subject to change. A variety of milk is offered each day.

APRIL

MONDAY



1

8 Cereal Bar
Raisins - Fruit Juice
White or Chocolate Milk

Chicken Drumstick - WG Roll
Corn - Broccoli
Fresh Fruit
White or Chocolate Milk

15 Pop Tart
Craisins - Applesauce
White or Chocolate Milk

Pulled Pork on WG Bun
Broccoli & Cheese - Pickles
Fresh Fruit
White or Chocolate Milk

22 Banana Chocolate Bar
Applesauce - Fruit Juice
White or Chocolate Milk

Sloppy Joe on WG Bun
Potato Wedges
Fresh Fruit
White or Chocolate Milk

29 Cereal Bar
Raisins - Fruit Juice
White or Chocolate Milk

Mac-n-Cheese - WG Roll
Corn - Broccoli
Fresh Fruit
White or Chocolate Milk

TUESDAY

2 Banana Chocolate Bar
Applesauce - Fruit Juice
White or Chocolate Milk

Hamburger on WG Bun
Potato Wedges - Pickles
Fresh Fruit
White or Chocolate Milk

9 Apple Frudel
Applesauce - Fruit Juice
White or Chocolate Milk

Cheeseburger on WG Bun
Baked Beans - Pickles
Fresh Fruit
White or Chocolate Milk

16 CC French Toast
Raisins - Fruit Juice
White or Chocolate Milk

Chicken Nuggets - M. Rice
Carrots - Peas
Fresh Fruit
White or Chocolate Milk

23 Grape Crescent
Raisins - Fruit Juice
White or Chocolate Milk

Spaghetti with Meat Sauce
WG Bread - Green Beans
Fresh Fruit
White or Chocolate Milk

30 Breakfast Sandwich
Applesauce - Fruit Juice
White or Chocolate Milk

DeFelice Pizza
Carrots - Green Beans
Fresh Fruit
White or Chocolate Milk

WEDNESDAY

3 Chocolate Crescent
Raisins - Fruit Juice
White or Chocolate Milk

Spaghetti with Meat Sauce
WG Bread - Green Beans
Fresh Fruit
White or Chocolate Milk

10 Confetti Pancakes
Fruit Cup - Fruit Juice
White or Chocolate Milk

Gr. Chicken on WG Bun
Sweet Potato Fries - Pickles
Fresh Fruit
White or Chocolate Milk

17 Blueberry Waffles
Raisins - Fruit Juice
White or Chocolate Milk

Gr. Chicken - WG Bread
Potato Wedges
Fresh Fruit
White or Chocolate Milk

24 Cinnamon Texas Toast
Applesauce - Fruit Juice
White or Chocolate Milk

Chicken & Rotini - WG Roll
Carrots - Peas
Fresh Fruit
White or Chocolate Milk

THURSDAY

4 Cinnamon Texas Toast
Craisins - Applesauce
White or Chocolate Milk

Chicken Nachos & Cheese
Black Beans - Salsa
Fresh Fruit
White or Chocolate Milk

11 Cinnamon Toast Crunch
Craisins - Fruit Juice
White or Chocolate Milk

Cheese Quesadilla
Tossed Salad - Salsa
Fresh Fruit
White or Chocolate Milk

18 Cinnamon Pancake
Applesauce - Fruit Juice
White or Chocolate Milk

WW Grilled Cheese
Chili - Pickles - Crackers
Fresh Fruit
White or Chocolate Milk

25 Pancake Wrap
Craisins - Applesauce
White or Chocolate Milk

Nachos - Meat & Cheese
Black Beans - Salsa
Fresh Fruit
White or Chocolate Milk

FRIDAY

5 Super Donut
Fresh Fruit - Fruit Juice
White or Chocolate Milk

Pizza Rippers
Spinach Salad - Carrots
Fresh Fruit
White or Chocolate Milk

12 Glazed Donut
Applesauce - Fruit Juice
White or Chocolate Milk

DeFelice Pizza
Carrots - Green Beans
Fresh Fruit
White or Chocolate Milk

19 Donut Holes
Fruit Cup - Fruit Juice
White or Chocolate Milk

Pizza Hut Rollers
Celery - Carrots - Ranch
Fresh Fruit
White or Chocolate Milk

26 Super Donut
Fresh Fruit - Fruit Juice
White or Chocolate Milk

WG Tony's Pizza
Spinach Salad - Corn
Fresh Fruit
White or Chocolate Milk

RIDER K-12 MENU

R. Yoder, FSS - 740-633-1732 ext. 0



Breakfast is FREE!

LUNCH PRICES

Elementary \$3.25

MS/HS \$3.50

Reduced Price \$4.40

Adult Meals \$4.75

Students must choose at least 3 of 4
Items offered at breakfast and 3 of 5
Items offered at lunch.

One item must be a

1/2 cup of fruit or vegetable.

Jammers available daily!

**Limit Screen Time
And Aim For
Some Physical Activity
Every Day.**

NO CHARGING

Snacks or Ala carte items.

Students must have money on their
account to purchase other items.



MAY

RIDER K-12 MENU

R. YODER, FSS - 740-633-1732 EXT. 0

**PLEASE PAY ANY
MONEY DUE
ON LUNCH ACCOUNTS
BY MAY 10TH**



LUNCH PRICES

Elementary \$3.25
MS/HS \$3.50
Reduced Price \$.40
Adult Meals \$4.75

**BREAKFAST IS
FREE**

Students must choose at least 3 of 4
Items offered at breakfast and 3 of 5
Items offered at lunch.
One item must be a
½ cup of fruit or vegetable.

Jammers available daily!

[illegible]

Martins Ferry City Schools
Monthly Cafeteria Report
May, 2024

	FY24	FY23			
	CURRENT	LAST YEAR	CURRENT	LAST	FYTD
	MONTH	MONTH	YEAR	YEAR	DIFFERENCE
REVENUES					
Student Lunches: Ayers Elem.	\$3,000.02	\$3,763.41	\$42,784.67	\$45,358.06	(\$2,573.39)
Student Lunches: MS/HS	\$13,361.44	\$14,971.43	\$159,291.19	\$165,280.63	(\$5,989.44)
Adult Lunches: High School	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
Misc. Revenues	\$432.00	\$222.00	\$9,462.39	\$4,394.59	\$5,067.80
Afterschool Program	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
State Revenues	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
Federal Revenues	\$52,958.54	\$37,820.93	\$456,726.94	\$393,906.26	\$62,820.68
Interest Income	\$607.70	\$376.83	\$3,996.68	\$2,063.89	\$1,932.79
TOTAL REVENUES	\$70,359.70	\$57,154.60	\$672,261.87	\$611,003.43	\$61,258.44
EXPENDITURES					
Cooks Salaries	\$29,577.49	\$19,462.61	\$242,622.87	\$227,727.32	14,895.55
Substitute Salaries	\$647.83	\$406.80	\$8,749.97	\$3,759.37	4,990.60
Cafeteria Supervisor Salary	\$4,088.85	\$2,621.06	\$34,712.23	\$31,814.70	2,897.53
Retirement	\$4,283.09	\$2,747.44	\$34,575.09	\$31,771.77	2,803.32
Hospitalization	\$8,688.08	\$3,014.94	\$44,680.18	\$33,769.43	10,910.75
Life Insurance	\$11.80	\$14.70	\$130.17	\$166.30	(36.13)
Dental Insurance	\$319.87	\$0.00	\$3,111.23	\$4,013.23	(902.00)
Vision Insurance	\$26.74	\$51.27	\$359.39	\$583.74	(224.35)
Medicare	\$489.07	\$318.56	\$4,063.27	\$3,732.04	331.23
Workers' Compensation	\$0.00	\$0.00	\$0.00	\$0.00	0.00
Repair Equipment	\$2,949.32	\$781.68	\$11,206.72	\$9,375.66	1,831.06
Professional Meetings	\$0.00	\$0.00	\$0.00	\$0.00	0.00
Food & Supplies	\$29,189.91	\$18,153.89	\$280,091.33	\$266,094.90	13,996.43
State Auditor's Fees	\$0.00	\$0.00	\$0.00	\$0.00	0.00
Equipment	\$0.00	\$0.00	\$12,215.00	\$4,976.25	7,238.75
Misc expenses	\$439.36	\$0.00	\$5,498.56	\$5,919.95	(421.39)
TOTAL EXPENDITURES	\$80,711.41	\$47,572.95	\$682,016.01	\$623,704.66	\$58,311.35
FUND TRANSFER					
Revenues over/under expenses	(\$10,351.71)	\$9,581.65	(\$9,754.14)	(\$12,701.23)	\$119,569.79
Beginning Balance	\$214,317.06	\$254,529.21	\$213,246.86	\$276,811.97	(\$63,565.11)
Ending Balance	\$203,965.35	\$264,110.86	\$203,492.72	\$264,110.74	(\$60,618.02)

Notes:

YTD column based on fiscal year to date (7/1-6/30) amounts.

Total Revenues are \$61,258.44 higher this year than last year

Total Expenditures are \$58,311.35 higher this year than last year