



Freshman

1st Semester:

- Schedule a meeting with your Guidance Counselor to prepare for High School success
- Obtain Naviance login (or other College and Career Tool)
- Being to prepare and practice for the PSAT using Khan Academy
- Take the PSAT 8/9 (October)
- Take advantage of tutoring opportunities
- Begin to develop healthy time management and study skills
- Learn how to calculate a Grade Point Average (GPA)
- Review 1st quarter grades and develop a plan to improve or maintain grade before the end of the 1st semester
- Familiarize yourself with organizations, clubs, and/or sporting groups at your school or in the community

2nd Semester:

- Review 1st semester grades, and evaluate GPA
- Complete Career Interest Profiler in Naviance or other College and Career Tool
- Meet with your Guidance Counselor to discuss enrollment in college prep/credit programs such as Advanced Placement, and College Credit Plus
- Participate in extracurricular activities at school or in the community
- Explore summer enrichment programs, career shadowing opportunities, internships, or volunteer opportunities
- Begin to think about your skills and interests and how those relate to careers, majors, and colleges
- Start developing a list of your awards, honors, and extracurricular activities

Summer:

- Visit a college campus and/or a college fair
- Participate in an enrichment program, career shadowing opportunity, internship, volunteer opportunity
- Develop a SMART goal for next school year

Sophomore

1st Semester:

- Schedule a meeting with your Guidance Counselor to ensure that you are on track for high school graduation, and taking courses that will prepare you for post-secondary education or career tech
- Utilize Khan Academy to prepare for the PSAT
- Take the PSAT (October), and review results to identify areas where improvement is needed
- Begin to research and familiarize yourself with college admissions requirements
- Consider shadowing a professional in your career interest area
- Get involved: continue to participate in extracurricular activities, and volunteer in your community
- Develop a resume, using the list you have created of your accomplishments, awards, honors, and activities

2nd Semester:

- Review 1st semester grades, and evaluate cumulative GPA
- Compare cumulative GPA with admissions requirements for institutions you are interested in
- While continuing to participate in extracurricular activities: work towards moving into a leadership position in the activities you enjoy most
- Read news reports, articles, and books and practice your writing skills
- Use Naviance or other College and Career tool to being researching colleges, develop a list of at least 5 schools you are interested in
- Revisit your SMART goal for the year, determine if you are on track to meet your goal
- Investigate summer opportunities
- Finish the school year strong!

Summer:

- Begin preparing for the SAT and/or ACT
- Visit a college campus and a college fair
- Participate in an enrichment program, career shadowing opportunity, volunteer opportunity, or job
- Begin saving money for college (if you have not already started)
- Develop a SMART goal for the next school year